

# **Content**

About the Author	7
Preface	9
Chapter 1: Introduction	11
Chapter 2: Colors	55
Chapter 3: Family Relationships	75
Chapter 4: Sibling Relationships	111
Chapter 5: ADHD	141
Chapter 6: Divorce	165
Chapter 7: Transitions and Transformations	191
Chapter 8: Social Functioning	235
Chapter 9: The Human Body	263
Chapter 10: Fears	291
Chapter 11: Anxieties and Traumas	303
Chapter 12: Cognitive Performance	329
Epilogue	359
References	363